

EFFECTIVE 1 AUGUST 2026

Please read this product guide in conjunction with information on our website and the Important Information Guide.

GOLD ULTIMATE CHOICE	
EXCESS	\$0
Assisted reproductive services	✓
Back, neck and spine	✓
Blood	✓
Bone, joint and muscle	✓
Brain and nervous system	✓
Breast surgery (non-cosmetic)	✓
Cataracts	✓
Chemotherapy, radiotherapy and immunotherapy for cancer	✓
Dental surgery	✓
Diabetes management (excluding insulin pumps)	✓
Dialysis for chronic kidney failure	✓
Digestive system	✓
Ear, nose and throat	✓
Eye (not cataracts)	✓
Gastrointestinal endoscopy	✓
Gynaecology	✓
Heart and vascular system	✓
Hernia and appendix	✓
Hospital psychiatric services	✓
Implantation of hearing devices	✓
Insulin pumps	✓
Joint reconstructions	✓
Joint replacements	✓
Kidney and bladder	✓
Lung and chest	✓
Male reproductive system	✓
Miscarriage and termination of pregnancy	✓
Pain management	✓
Pain management with device	✓
Palliative care	✓
Plastic and reconstructive surgery (non-cosmetic)	✓
Podiatric surgery (provided by a registered podiatric surgeon)	✓
Pregnancy and birth	✓
Rehabilitation	✓
Skin	✓
Sleep studies	✓
Tonsils, adenoids and grommets	✓
Weight loss surgery	✓
Ambulance cover – refer to the Important Information Guide (p. 8)	✓

HOSPITAL COVER

This table shows whether your policy provides cover for each treatment category. Hospital cover pays benefits towards accommodation, intensive care, theatre fees and medical charges incurred as an admitted private patient where a Medicare benefit is payable. Out-of-pocket costs may arise for some procedures such as robotic surgery, high-cost pharmacy or consumable items, or the fees charged by medical professionals. We generally pay a higher accommodation benefit at Union Health-contracted hospitals. At non-contracted hospitals, we only pay the minimum accommodation benefits as determined by the government, so you may incur larger out-of-pocket costs. We may also pay benefits for alternatives to hospital treatment, as listed on our website under “home care programs”.

DENTAL SURGERY

Performed by a medical practitioner: If Medicare benefits are payable, we pay a benefit towards the hospital and medical charges.

Performed by a dentist: we pay benefits towards hospital charges. Any dental charges may be payable under your extras cover.

PODIATRIC SURGERY

(performed by a registered podiatric surgeon)

For podiatric surgery, we pay some benefits towards the hospital charges only. The surgeon's fees are not payable by Medicare or claimable under your hospital cover.

HOSPITAL WAITING PERIODS

If you have transferred from another fund on a comparable level of cover and have served waiting periods, you can claim straight away.

Waiting periods apply if you are new to private health, have not had cover for more than 60 days or have upgraded or increased your cover.

Immediate cover: Accidents and hospital psychiatric services where the Lifetime Mental Health Waiver is exercised.

2 months: Rehabilitation, palliative care, hospital psychiatric services, and all other services (unless specified).

9 months: Pregnancy and birth

12 months: Pre-existing conditions

EXTRAS COVER

Limits are per person, per calendar year, unless otherwise stated. Replacement and other assessment rules can apply to some services. Benefits are only payable up to the annual limit.

SERVICES	Waiting periods (months)	BENEFIT	ANNUAL LIMIT
Dental <i>Dental items are as defined by the Australian Dental Association (ADA) schedule and at our discretion. For information on actual benefits payable, contact us when you have obtained an itemised treatment plan from your dentist.</i>			
General and preventative <i>Includes the surgical removal of teeth (including wisdom teeth).</i>	2	Set dental benefits depend on item number	No limits apply
Major <i>The plus (+) icon indicates services where limits increase with years of membership. See page 4 for details.</i>	12		\$3,800+ overall
Anti-snore device <i>Replacement every 3 years from date of previous supply.</i>		Set dental benefits depend on item number	\$500
Crowns and bridges			\$800+
Dental implants			\$500+
Dentures			\$750+
Inlays, onlays, facings			\$500+
Endodontia			\$500+
Periodontia			\$500+
Orthodontia <i>The lifetime limit \$2,800. See the Important Information Guide for more details.</i>	12	100%	Up to the lifetime limit
Optical <i>Highlighted items: No benefit for additional lens treatments (eg. tinting/hardcoating/transitional).</i>	6		\$270+
Complete set of glasses		100% (Up to annual limit)	
Single vision lenses		\$145	
Bi-focal lenses		\$143	
Graduated/progressive lenses		\$155	
Tri-focal lenses		\$125	
Contact lenses – disposable (single/pair)		100% (Up to annual limit)	
Contact lenses – hard/soft spherical			
Contact lenses – hard/soft toric			
Frames only <i>Payable when prescription lenses are added.</i>		\$185	
Repairs to frames		\$70	
Refractive laser eye surgery	24	\$800/eye	\$1600
Physiotherapy	2		\$750+ overall
Consultations – Initial/subsequent 		\$62/\$52	
Exercise physiology 		\$35	\$250
Group hydrotherapy consultations		\$25	
Group physiotherapy/exercise physiology <i>Must be provided as part of a treatment plan.</i>		\$25	\$300
Paediatric assessment (one per year)		\$63	
Postnatal/antenatal physiotherapy	2	\$17	\$140+
Other services			
Active Health Bonus <i>Participation in online Health-e-Profile required every 12 months.</i>	6	100%	\$125/single \$250/family
Acupuncture, Chinese herbal medicine, western herbal medicine, naturopathy (initial/subsequent consultations) <i>Provider must be registered with the Australian Regional Health Group.</i>	2	\$45/\$40	\$450+
Audiology (initial/subsequent)	2	\$75/\$70	\$200+

SERVICES (CONT.)	Waiting periods (months)	BENEFIT	ANNUAL LIMIT
Chiropractic	2		\$450+
Consultations – initial/subsequent		\$44/\$35	
X-rays (one per year)		\$63	
Dietetics (initial/subsequent) 	2	\$60/\$42	\$450+
Health devices/appliances			\$690+ overall
Blood glucose/blood pressure monitors/nebuliser	12	85%	\$550+
Compression garments	2		\$300
CPAP/APAP/BiPAP machine <i>Claimable every 3 years from date of previous supply.</i>	12		\$690+
CPAP accessories and repairs <i>Servicing of machine is not claimable.</i>	12		\$100
Health aids <i>Must be custom-made or customised and prescribed and fitted by a qualified medical practitioner.</i>	12		\$120
Mechanical health appliances	12		\$200
Health management <i>Please contact us for details of approved programs. Due to legislation, benefits are only payable if not claimable through Medicare.</i>	2		\$300/single \$600/family
Menopause Support with UnPause		\$25	\$225/person
Antenatal/postnatal classes <i>Childbirth education class, when conducted by a doctor, hospital, or midwife (one per membership)</i>		80%	
Health management programs <i>Nicotine replacement products (where not covered under the PBS), illness related association memberships, health education classes, lithotripsy, medical alert bracelets/subscriptions.</i>		80%	\$150/person
Health screenings <i>Mammogram, pap smear (Thin Prep), ambulatory blood pressure monitoring, bone density screening, coronary CT, MRI, health checks (heart health checks and medical tests prior to fitness training programs), foetal screenings.</i>		80%	\$120/person
Healthy lifestyle programs <i>For management of a chronic health condition. Claims require a health management form completed by your medical provider and valid receipts. The form is available from our website.</i>		80%	\$160/person
Hearing aids <i>Replacement every 3 years from date of previous supply.</i>	12	\$1,100/ear	\$2,200
Hearing aid repairs and chargers		\$800	
Home nursing and lactation nurse	2		\$600+
Home nursing		\$80/day	
Lactation nurse 		\$50/day	
Remedial massage, shiatsu, Alexander Technique and myotherapy <i>Provider must be registered with the Australian Regional Health Group.</i>	2	\$45	\$450+/person \$900+/membership
Occupational therapy	2		\$450+
Consultations – initial/subsequent 		\$59/\$45	
Group consultations 		\$28.50	
Paediatric assessment (one per year)		\$71	
Orthoptics (initial/subsequent)	2	\$42	\$450+
Orthotics	12		\$450+ overall
Custom-made orthopaedic shoes or orthotics <i>Made or prescribed by a podiatrist or orthopaedic surgeon. Limit of one pair per person per visit.</i>		85%	
Customised/moulded orthotics <i>Made or prescribed by a podiatrist, orthopaedic surgeon or physiotherapist. Limit of one pair per person per visit.</i>		85%	\$360
Orthotic repair	2	85%	\$100
Osteopathy	2		\$400+
Consultations – initial/subsequent		\$49/\$42	
X-rays (one per year)		\$63	

SERVICES (CONT.)	Waiting periods (months)	BENEFIT	ANNUAL LIMIT
Pharmaceuticals (approved only) <i>Payable for medications costing over the Pharmaceutical Benefits Scheme (PBS) rate. Flu Vaccination sublimit of \$30/person.</i>	2	\$60	\$600+
Podiatry	2		\$450+
Consultations – initial/subsequent		\$42/\$39	
Bio-mechanical gait analysis (one per year)		\$37	
Podiatric surgery (outpatient) <i>HICAPS item numbers 119, 440, 445, 474, 475, 541, 546, 547 & 561 when performed in rooms.</i>		85%	
Prostheses (custom-made) <i>Two per year for wigs and breast prostheses. One per year for all other items. For non-implanted, TUH-approved prosthetic appliances when ordered by a medical practitioner.</i>	12	85%	\$1,500+
Psychology and hypnotherapy <i>Psychology benefit only paid for a Medicare registered psychologist. Counsellors/Mental Health Social Workers must be registered with the Australian Regional Health Group.</i>	2		\$450+
Consultations – initial/subsequent 		\$95/\$83	
Psychometric assessment (one per year)		\$116	
Group consultations (psychology only) 		\$42	
Digital Mental Health Support with THIS WAY UP		\$59	\$118
Counselling/Mental Health Social Worker consultations – initial/subsequent 		\$45/\$41	
Remote travel and accommodation <i>Benefits are payable towards the cost of travel and/or accommodation for the provision of hospital, medical and extras that cannot be obtained within 200 kilometres return travel directly from the home address (or 300km return travel to the Health Hub). Refer to the Important Information Guide for more details.</i>	2		\$110
Accommodation		\$55/night	
Return travel over 200 kilometres		15c/km	
Speech therapy	2		\$450+
Consultations – initial/subsequent 		\$77/\$47	
Family/group consultations		\$21	
Paediatric assessment (one per year) 		\$100	

INCREASING ANNUAL LIMITS

Limits are per person, per calendar year, unless otherwise stated.

SERVICES	Limits			
Years of membership	1-2	3-4	5-6	7+
Acupuncture/Chinese herbalism	\$450	\$470	\$495	\$540
Antenatal/postnatal physiotherapy	\$140	\$145	\$155	\$170
Audiology	\$200	\$210	\$220	\$240
Chiropractic	\$450	\$470	\$495	\$540
Dental	\$3,800	\$4,150	\$4,500	\$5,350
Crowns and bridges	\$800	\$850	\$950	\$1050
Dentures	\$750	\$825	\$900	\$1050
Endodontia	\$500	\$550	\$600	\$700
Periodontia	\$500	\$550	\$600	\$700
Dental implants	\$500	\$550	\$600	\$850
Inlays, onlays, facings	\$500	\$550	\$600	\$700
Dietetics	\$450	\$470	\$495	\$540

SERVICES	Limits			
Years of membership	1-2	3-4	5-6	7+
Mechanical/health devices	\$690	\$730	\$770	\$810
Blood glucose/blood pressure monitors/nebuliser	\$550	\$580	\$605	\$660
CPAP/APAP/BiPAP machine	\$690	\$730	\$770	\$810
Home nursing and lactation nurse	\$600	\$630	\$660	\$720
Massage therapy and myotherapy	\$450/ \$900	\$470/ \$940	\$495/ \$990	\$540/ \$1,080
Occupational therapy	\$450	\$470	\$495	\$540
Optical	\$270	\$280	\$300	\$320
Orthoptics	\$450	\$470	\$495	\$540
Orthotics	\$450	\$470	\$495	\$540
Osteopathy	\$400	\$420	\$440	\$480
Physiotherapy	\$750	\$790	\$825	\$900
Psychology/hypnotherapy	\$450	\$470	\$495	\$540
Prostheses	\$1,500	\$1,575	\$1,650	\$1,800
Pharmaceuticals	\$600	\$630	\$660	\$700
Podiatry	\$450	\$470	\$495	\$540
Speech therapy	\$450	\$470	\$495	\$540

THINGS TO LOOK OUT FOR

Per single/family cover

An individual on a single cover can only claim up to the single limit, whereas persons under a family, single parent, or couple cover can claim up to the family limit.

Per person/membership

An individual within a family, single parent, or couple cover can claim up to the per person limit, provided the membership limit has not been exceeded.

Initial consultation

Limit of one per year for each service type.



Telehealth options available. See Important Information Guide for conditions and how to claim.

EXTENDED DEPENDANT COVER

Young adults who are single and not covered as student dependants can remain on their parents' policy until they turn 32, for an additional premium loading.

Visit unionhealth.com.au or contact us on 1300 661 283 for more information about products and services, government initiatives, our privacy policy, the complaints process, and fund rules.

Teachers Federation Health Ltd

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