

BASIC EXTRAS





EFFECTIVE 1 JANUARY 2021

Please read this product guide in conjunction with information on our website and the Important Information Guide.

Take charge of your overall health and wellbeing with Basic Extras. You can access benefits for dental, optical, massage therapy, and more. This cover stands alone, or you can combine it with a hospital cover—the choice is yours!

EXTRAS COVER

Limits are per person, per calendar year, unless otherwise stated. Benefits are only payable up to the annual limit.

| SERVICES | Waiting periods (months) | BENEFIT | ANNUAL LIMIT |
|---|--------------------------|---|----------------------|
| Dental | 2 | | \$400 |
| General and preventative dental | | Set dental benefits depend on item number | |
| Optical | 2 | Set benefits apply | \$160 |
| Frames only | | \$70 | |
| Repairs to frames | | \$60 | |
| Complete set of glasses | | 100% (Up to annual limit) | |
| Single vision lenses | | \$90 | |
| Bi-focal lenses | | \$90 | |
| Tri-focal lenses | | \$100 | |
| Graduated/progressive lenses | | \$122 | |
| Contact lenses—hard/soft toric | | \$160 | |
| Contact lenses—hard/soft spherical | | \$125 | |
| Disposable contact lenses (single/pair) | | \$21/\$42 | |
| Other | 2 | | \$400 overall |
| Massage and myotherapy | | \$33 | \$200 overall |
| Osteopathy | | | |
| Initial/subsequent consultations | | \$37/\$33 | |
| X-rays (one per year) | | \$63 | |
| Chiropractic | | | \$200 overall |
| Initial/subsequent consultations | | \$30/\$23 | |
| X-rays (one per year) | | \$63 | |
| Psychology (incl. hypnotherapy) | | | \$250 |
| Initial/subsequent consultations  | | \$70/\$55 | |
| Group consultations (psychology only)  | | \$30 | |
| Physiotherapy | | | \$200 overall |
| Initial/subsequent consultations  | | \$33/\$27 | |
| Exercise physiology  | | \$23 | \$100 |
| Antenatal/postnatal | | \$17 | \$85 |
| Group physiotherapy/exercise physiology (includes hydrotherapy) | | \$17 | \$150 |
| Pharmaceuticals (approved only) | | \$50 | \$250 |
| Ambulance emergency transport | 1 day | Refer to the Important Information Guide | |

Dental items as defined by the Australian Dental Association (ADA) schedule and at our discretion. Contact us when you have obtained an itemised treatment plan from your dentist for information on actual benefits payable. Major dental and surgical removal of teeth are not included.

No benefit for additional lens treatments (eg. tinting/hardcoating/transitional).

Provider must be registered with the Australian Regional Health Group.

Initial consultation

Limit of one per year.

Benefit only paid for a registered psychologist. No benefit paid for counsellors.



Telehealth options available. See Important Information Guide for conditions and how to claim.

Only claimable when you hold both hospital and extras cover (excl. Qld residents).

Visit unionhealth.com.au or contact us on 1300 661 283 for more information about products and services, government initiatives, our privacy policy, the complaints process, and fund rules.